



3.10 - Prayer Your Foundation for Success.

(3.10 – Prayer Your Foundation for Success)

Introduction.

(Scriptures from KJV unless noted otherwise)

Foundation Scriptures:

2 Chor.7:14

¹⁴ if My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land. (NKJV)

2 Tim. 3:16-17

¹⁶All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness: ¹⁷ That the man of God may be perfect, thoroughly furnished unto all good works. (KJV)

THE WORD IS THE BLOCKS AND PRAYER IS THE CEMENT

A vital Lesson: For any plan to be successful, it must be backed by effective prayer because prayer is the key to success (to any area in life).

The Greater works that Jesus did (John 14:12), can *only be achieved by believers* today, who have a **deep and sincere prayer life** with God.

1.0 - Prayer Secrets.

Prayer and fellowship.

- **Faith** causes your prayers to bring results, and faith pleases God. (Heb. 11:6)
- **No** strong faith without a **deep and intimate** fellowship with God.
- Your **faith & confidence** in God, depends on your **relationship** with Him.
- *Relationship without fellowship, is like marriage without love.*
- **Lack of fellowship** causes **lack of trust**, eg. a natural father and his son.
- **Satan can lie** to you about God if you have no relationship with the Father.
- The **no.1 priority** in God's heart is to spend **quality time** with us every day.
- Through fellowship you will **operate out of your spirit** where the **faith** and **power** reside.
- Maintaining a *consistent and close* fellowship with God, **you will bear much fruit.***abide in me, and I in you as the branch.* (John 15:4-5,7)
- The way to bear fruit is to stay in prayer, to **stay in tune** with the Holy Spirit.
- Fellowship will cause your *attitudes, actions, desires & beliefs* to be like His.
- Develop an *intimate fellowship* with Him, so that your prayer life is based on **personal knowledge of Him, as Jesus did!**

1. **Jesus spent much time in prayer**, but He never prayed the problem; He prayed the answer (the Word). **What God said in the answer.**
2. Jesus spoke accurately, never crooked speech (doubt & unbelief). His conversation always consisted of what God said.
3. Jesus always spoke the end results, **not the problem.** Never did He confess **present** circumstances. He spoke the **desired results.**
4. Jesus used the written Word to defeat Satan – He said in the trials in the desert- Satan **it is written, it is written, it is written!**



3.10 - Prayer Your Foundation for Success.

2.0 - Praying for Results.

- The major cause of failure in Christian enterprises is omission or lack of prayer- *men ought to pray and faint not.* (Luke 18:1)
- Your *success* or *failure* is based **entirely** on your prayer life.
- **1%** of your time spent in prayer *will produce* only **1% results.**
- **80%** of your time spent in prayer *will produce* **80% results.**
- **100%** of your time in prayer *will produce* **100% results – remember this.**
- **Much prayer-Much power, Little Prayer- Little Power.**
- **Prayer is an attitude**, it is communicating with god.
- You can live in an attitude of prayer constantly, being in communion and fellowship with God every hour of the day..... *Be joyful always, pray continually, give thanks in all circumstances for this is god's will for you in Christ Jesus.* (1 Thess.5:16)
- In order to get results in prayer, **you must be convinced of one basic fact: God wants to answer your prayers.**
- God answered the prayers of Jesus, God will answer your prayers, you are worthy Jesus prayed ' *that the world may know that thou hast sent me, and hast loved them, as thou hast loved me.'* (John 17:23)
- We can boldly unto the throne of grace. (Heb.4:16)

2.1 - What is Prayer?

- **Prayer is not an emotional release**, an escape valve or a religious exercise!
Jesus said in Matt.6:7. *'But when you pray, use not vain repetitions, as the heathen do for they think that they shall be heard for their much speaking.'*
- It makes no difference how long you pray or how beautiful your words - **God responds to faith!**
- **Praying in faith is merely having the confidence in God's willingness to use His power to answer your prayer.**
- The key to success in prayer is expecting results - don't just hope - believe!
- **Faith brings bible hope into reality and gives substance to it** - *Now faith is the substance of things hoped for, the evidence of things not seen.* (Heb.11:1)

2.2 - God's Word in Prayer - *the answer!*

- **No.1 rule** in praying for results is: **base your prayer on God's Word.**
- **God's Word is the integrity of God Himself.** (John 17:17)
- **God's Word is His part of your prayer life.**
- God's Word is His will. When you pray in line with the word, you have automatically prayed in line with God's will. (1 John 5:14-15)
- Satan has **no defence** against God's Word spoken by a believer. (Matt.4:10-11)

2.3 - Applying Faith in Prayer.

- Start your prayer with **the answer**, God's Word and not the problem.
- Believe you **receive** when you pray according to Mark 11:22-24.
- After praying the prayer of faith, **hold fast** to your confession.
- Your words of faith must have **corresponding actions.** (James 2:17)
- Act as though it were already **done.**

2.4 - Refuse Doubt.

- Satan will try to defeat you by doubt, fear and unbelief. (Matt.14:24-31)
- Peter walked above the natural, supernaturally on the **Word** of God
- **He saw, he feared, and he sank!**
- **SEEING + FEARED + DOUBTED = DEFEATED FAITH!**



3.10 - Prayer Your Foundation for Success.

- Peter`s battle was not with the natural, it was spiritual but the attack by Satan was in the mind of Peter!
- Protect your consciousness, cast down every thought against God`s Word and replace the thought. (Philip.4:6-9)

2.5 - Prepare to succeed.

- How do I prepare to succeed? - keep your attention on God`s Word, make no room for failure. (Prov. 4:20-22)
- Do not look or confess the circumstances that you see around you.
- Whatever you are believing for, feed the word into your eyes - *'The light of the **body** is the eye: if therefore thine eyes be single, thy whole body shall be full of light.'* (KJV) (Matt. 6:22)

3.0 - The Battlefield of Prayer.

Eph.6:10-18

12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of this world, against spiritual wickedness in high places. (KJV)

- Every believer is involved in spiritual warfare--**the battlefield is prayer!**
- The armour in Eph.6 is prayer armour.
- People are not the problem, satanic forces are!
- The **time spent in prayer** is the **base of supply**, the enemy will try to cut off your prayer time **to defeat you.**

3.1 - The Whole Armour of God-----defensive.

Visualise yourself in the armour of God protecting you, ready to do battle.

- A roman soldier or a gladiator dressed in armour!

v14... and having done all, to stand. *Stand* therefore, having your loins girt about with **truth...**

- When Satan lies to you about your prayers not being answered, remember Gods word is truth. (John 17.17)
- Trust God`s Word. (Psalm 112:6-8)

v14... and having on the breastplate of righteousness;

- The breastplate covers the **vital parts of our prayer life.**
- Through righteousness we have **right-standing** with God, and rights.
- If you see yourself as unworthy, you will not experience a lot of answered prayer.

v15... And your feet shod with the preparation of the **gospel of peace;**

- The gospel is the good news that **we have peace** through Jesus Christ.
- Sharing the gospel with others is part of your armour.
- *Go you into the world, and preach to every creature...* (Mark 16:15)
- *How beautiful upon the mountains are the feet of him that brings good tidings, **that published peace.*** (Isaiah 52:7)

v16... *Above all, taking the shield of faith, wherewith you shall be able to quench **all the fiery darts of the wicked.* (KJV)**

- Your shield quenches all the fiery darts!
- *and this is the victory that overcomes the world, even our faith..* (1 John 5.4)
- *the just shall live by faith....*(Rom.1:17)



3.10 - Prayer Your Foundation for Success.

v17... *And take the helmet of salvation.....* (KJV)

- A helmet is protection for the head--**Satan's battleground is your mind!**
- And be you not conformed to this world: but be you transformed by the renewing of your mind.....(Rom.12:2)
- God's Word renewing your mind, protects from doubt and unbelief.
- **Jesus** wore the same armour in His earthly ministry..... (Isaiah 59:16-17)
- **Jesus** emptied himself of His divine privileges and walked as a man. He was a prophet operating under the Abrahamic covenant.....(Phil.2:5-8)

3.2 - The Weapons of Our Warfare-----offensive!

v17... *and the sword of the spirit, which is the word of God:*

- To handle the sword skilfully, you need to know how the Word works.
- Mark 4 tells us how the Word operates----**as a seed**---planted, it grows up and produces a crop, *only doubt and unbelief will stop it!*
- The Word goes beyond the intellect, **it enters the spirit realm ...** (Heb.4:12).
- Not to spend time in the word when you are fighting a spiritual battle **would be like leaving your sword in its sheath while on the battlefield.**

3.3 - The Name of Jesus.... is a weapon!

- The name of Jesus carries **ultimate authority** in the spirit world. (Phil.2:9-10)
- The name of Jesus **gives us authority** as believers over sickness, disease, and over Satan and every evil work. (Mark 16:15 & Matt.28:18-20)
- The power **backing Jesus is the power** of Almighty God. (1 John 3:22-23)
- *Whatsoever you ask the Father in my name, he will give it you.* (John 16:23)

3.4 - The Blood of Jesus.....is a weapon!

- *We overcome him by the blood of the lamb and the word of our testimony...the power of sin, death & hell broken through the sacrifice.* (KJV) (Rev.12:11)

3.5 - The Holy Spirit.....is a weapon!

- The Holy Spirit is the power of God **who empowers your weapons** and your armour. (Gen.1:1-2)
- The effectiveness of **your prayer life depends on the degree of confidence.**
- **You place in the Holy Ghost** for He is the power behind them.
- **Pray to the Father** in the name of Jesus, **not to the Holy Spirit** and **He will perform the will** of God in your life.

3.6 - The Angels of God....are a weapon!

Heb.1:13-14

But to which of the angels said he at any time, Sit on my right hand, until I make thine enemies thy footstool. Are they not all ministering spirits, sent forth to minister for them who shall be heirs of salvation?

- The angles of God have been **sent to minister for you**, to help you!
- **They listen for commands that must come from your mouth**, to tell them what to do! **You either loose or bind the angels by your words!**



3.10 - Prayer Your Foundation for Success.

Psm.103:20-21

*Bless the Lord, ye his angels, that excel in strength, that do his commandments, **hearkening unto the voice of his word**
Bless ye the Lord, all ye his hosts; ye ministers of his, that do his pleasure.*

4.0 - Prayer That Changes Things.

4.1 - What are the types of prayer?

- A. The prayer of agreement.
- B. The prayer of binding.
- C. The prayer of loosing.
- D. The prayer of petition & supplication.
- E. The united prayer.
- F. The prayer of intercession.

- Always remember that prayer **changes things**; it **does not change God**, He is the same always. (Heb.13:8)
- Take your faith and His Word of God and change the circumstances
- God's eyes are over the righteous and His ears are open to their prayers. (Psalm 34:15)

A. The prayer of agreement.

When used according to God's Word, **the prayer of agreement** will cover every circumstance in life.

Matthew 18:18-20:

18 Verily I say unto you, whatsoever you bind on earth shall be bound in heaven: and whatsoever you shall loose on earth shall be loosed in heaven. 19 Again I say unto you, that two of you agree on earth as touching anything that they ask, it shall be done for them of my Father which is in heaven. 20 For where two or three are gathered together in my, there am I in the midst of them. (KJV)

Example prayer:

We agree here and now according to **Phil.4:19** and **Matt.18:19** as follows:

*Father, we see in Your Word that You will supply all of our needs according to Your riches in glory. We set ourselves in agreement that our financial need is met according to Your Word, **We believe we receive** (be specific)----- We establish this agreement in Jesus name, AMEN.*

- **Do not waver** - this is doubt and you will not receive if you doubt!
- You must have **your spirit, your mind, your actions** in agreement with the Word.
- **Be strong in your mind** - this is Satan's battleground. You must control your thoughts. Write your prayer down, keep it before your eyes.
- **Agreement is also harmony** - in (Mark 11:25-26) we are told to forgive when we pray.
- Operating **with an unforgiving heart** will paralyze your prayer life.
- *Faith works by love....(Gal.5:6)*

B & C. The Prayer of Binding and Loosing.

God wants the body of Christ to police the evil forces of this world, this is done by and through this type of prayer.

Matthew 12:29:

29 Or how else can one enter into a strong man's house, and spoil his goods, except he first bind the strong man? And then he will spoil his house. (KJV)



3.10 - Prayer Your Foundation for Success.

Matthew 18:18:

18 Verily I say unto you, What so ever you shall bind on earth shall be bound in heaven: and whatsoever you shall loose on earth shall be loosed in heaven.

- Speak directly to Satan and his forces, bind them in the name of Jesus!
- You have authority in the name of Jesus, use it!

Add a paragraph to your prayer of agreement as follows:

Satan, we bind you and render you helpless in this situation, as a matter of record, you are hereby bound in the name of Jesus.

Loose the angelic forces of God to see that the prayer comes to pass.

Ministering spirits, I loose you in the name of Jesus, to minister in my behalf according to the will of God.

D. The Prayer of Petition and Supplication.

The words petition and supplication are defined as *a formal request of a higher power.*

Philippians 4:6:

6 Be careful for nothing; but in everything by prayer and supplication with thanksgiving let your requests be known unto God.

Example:

You would not enter into the court room of the king without having formally prepared your request.

- Prepare and draw up your petition before you go to God.
- Look up the scriptures that cover your situation.
- Go to the answer for your situation and formally ask God.

E. The United Prayer.

Acts 4:21-31:

*And when they heard that, they lifted up their voice to God **with one accord**, and said.....v 24.*

- **Normally** in churches today someone leads in prayer, but **we can also have united prayer**, together all at once.
- In this scripture we see how Peter and John had been arrested, appeared before the religious council and told not to preach in the name of Jesus because of the safety of their lives.
- They went back to their own company, told what had happened, and **all began to pray in one accord.**

What happens?

An absolutely tremendous amount of power is involved in united prayer.

- The Word of God says that *one can put one thousand to flight, but **two can put ten thousand to flight.***

What was the result of their prayer?

Acts 5:12:

12 And by the hands of the apostles were many signs and wonders wrought among the people; (and they were all with one accord in Solomon`s porch (KJV)

- Their one **request was answered exactly** the way they prayed it.
- As a **body of believers, we need to get into one accord** on the word of God and expect results. It will cause things to change.



3.10 - Prayer Your Foundation for Success.

F. The Prayer of Intercession.

What is the Prayer of Intercession?

The prayer of intercession is prayed **on the behalf of others**. It is prayed by a believer or believers, in faith to God in the name of Jesus, **to meet the need in another person's life** or a city, country, nation.

- *Intercessory prayer is the tool that the Spirit of God will use to bring into manifestation the miraculous things that happened in the book of Acts.*

4.2 - Why are we called to Intercession?

Because **God does not do anything in the earth without the co-operation of a man** just like he did with Abraham and Jesus.

- Man is still in authority in the earth, by the will of God.

4.3 - The Spirit of God poured out upon all flesh.

James 5:7

7 ... Behold, the husbandman waiteth for the precious fruit of the earth, and hath long patience for it, until he receive the early and latter rain. (KJV)

- The book of John says that the heavenly Father is the *husbandman*.
- *The fruit of the earth* - the harvest of souls.
- *The rain* - the outpouring of the Holy Spirit. (Hosea 6:3)

Intercessory prayer causes the rain of God's Spirit to bring the harvest.

God is **calling His body to unity** so the rivers of living water (believers), **will cause a flood** of God's power in the earth.

- *All creation groans for the manifestation of the sons of God.* (Rom.8:18-22)

We are at the end of what begun on the day of Pentecost, Peter said:

.....And it will come to pass in the last days, saith God, I will pour out my Spirit upon all flesh..... (Acts 2:16-19)

- The result of the out pouring of the Holy Spirit found in v 21.

21 And it shall come to pass, that whosoever shall call on the name of the Lord shall be saved.

4.4 - Intercession is giving birth in the spirit realm.

- *Except a man be born again, he cannot see the kingdom of God.* (John 3:3)
- *That which is born of flesh is flesh; and that which is born of the Spirit is spirit.* (John 3: 5-6)

You become a co-labourer with God as you choose to serve Him.

Those who totally give themselves to His service will be God's mouthpiece in the earth - the vehicles of His Spirit.

Jesus said that many are called but few are chosen... (Matt.20:16)

Upon those and out of those who are dedicated to Him, God will pour out of His Spirit upon all flesh.

.....whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life. (John 4:14)

- The well of living water inside you - the Spirit of God.
- A well is for personal use -your use!



3.10 - Prayer Your Foundation for Success.

God desires to pour out His Spirit from the inside of you through intercession.

...*He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water.* (John 7:38)

- A river is for everybody's use.
- The outpouring of the Spirit is a flow coming from the inside of the believer.
- That flow is the source of all signs and wonders and miracles.

4.5 - Prayer is the doorway into the mightiest release of power that is known to man.

- As believers allow those rivers to flow, the needs of dry and thirsty will be met, (example of heavy rain water flowing together).
- The torrential outpouring of the Spirit will cause life in those who receive the seed of God's Word.

4.6 - The Art of Intercession.

Isaiah 59:16-17

16 And he saw that there was no man, and wondered that there was no intercessor: therefore his arm brought salvation unto him; and his righteousness, it sustained him. 17 For he put on righteousness as a breastplate, and an helmet of salvation upon his head; and he put on the garments of vengeance for clothing, and was clad with zeal as a cloak. (KJV)

- What is the arm? **Jesus**.
- One of the purposes Jesus came to the earth **was to be that intercessor for mankind**.
- His prayer **armour the same as ours** in Ephesians 6.
- As intercessors **we are His arm in the earth** causing reconciliation for man.
- *As my Father sent me, even so send I you.* (John 20:21)
- **We** have the **same** calling as **Jesus**, reconciliation. (2 Cor. 5:18)

Intercession is the Highest Expression of Love

- It is loving in the spirit, **applying spiritual power for another person**.
- Your prayer **wrestles against evil powers** that have blinded. (2 Cor.4:3-4)
- You are **giving yourself**, your time, your life for others.
- Jesus came to earth to lay down his life. (Phil.2:7-8 & John 3:16)
- Jesus still makes intercession for us. (Heb.7:25)
- Intercessory prayer **softens people's hearts** to receive the gospel.

Praying in Tongues for Intercessory Prayer

- You will **speak tongues when you are filled** by the Holy Spirit. (Acts 2:4)
- **Your language is the voice of your mind, other tongues is the voice of your spirit.** (1 Cor.14:2 & 1 Cor.14:14)
- When you pray in tongues or in the spirit, **your own spirit bypasses your mind**.
- The Holy Spirit in you, **knows what to pray**. (Rom.8:26)
- You **move from the natural into the spirit**.

Your First Prayer Assignment (Intercessory).

- For all men; **for kings and men** in high authority. (1 Tim.2:1-4)
- Start praying for people, Jesus had compassion. (Matt.9:36)
- Separate yourself from the things of this world, commit to intercession.
- **Yield** to the love of God, **motivation will come**.
- The Holy Spirit needs **you to stir yourself** and take the position of intercession. (Isaiah 64:7 & 2 Tim.1:6)



3.10 - Prayer Your Foundation for Success.

Travail before Spiritual Birth.

- **Before new spiritual births** happen, travail goes forth.
- In the natural realm, a woman does not give birth without labour.
- **Travail is the labour, in the spirit, that brings forth** the new spiritual births.

Isaiah 66:8

.....for as soon as Zion travailed, she brought forth her children.

Hebrew 12:22-23

22 But ye are come unto mount Sion, and the city of the living God, the heavenly Jerusalem, and to an innumerable company of angels, 23 To the general assembly and the church of the first born

- Zion is the church of the first born.
- Jesus is the first born of many brethren. (Rom.8:29)
- **Zion is the Church** of Jesus Christ.
- As a member of the Body of Christ, **you are Zion.**

Galatians 4:19 Paul says;

19 My little children, of Whom I travail in birth again until Christ be formed in you, (KJV)

- He travailed once to bring the little children to birth.
- **Travail causes others to be born again.**
- Stir yourself up, **pray in tongues and soon the Holy Spirit will take hold together** with you and you will begin to travail as if in labour.
- You may **groan out loud**, you are releasing spiritual power.

Romans 8:26

.....Likewise the Spirit also takes hold together with us against our infirmities

- The **art of intercession is stirring yourself** up to take hold with the **Holy Spirit to cause eternal changes** in the lives of others and situations.

5.0 - Fasting and Prayer.

5.1 - Why do we fast?

Fasting is a tool that aids us **to shut down the influence of the body**, so that the spirit man can dominate. As you stay in the Word and in fellowship with God, you will not be flesh ruled.

- Fasting does not impress God and it will not change Him, He remains the same, yesterday, today, and tomorrow.
- Fasting will **not influence God to do something** for you.
- Fasting **changes you!**
- Fasting **brings your spirit in tune** with God.

5.2 - There are two types of fasting.

- A Proclaimed fast.
- A Personal fast.



3.10 - Prayer Your Foundation for Success.

A. - The Proclaimed fast.

- Is used **when divine guidance is required** in a situation.
- Is used to bring believers **into a place of hearing** from God.
- Is then allowing all believers **to move in hearts of one accord**.
- **Declare the purpose** of the fast.

2 Chronicles 20:1-6;

.....v3.....*And Jehoshaphat feared, and set himself to seek the Lord, and proclaimed a fast throughout all Judah.....* (KJV)

The result of the fast- the Holy Spirit spoke!

.....v15...*Thus saith the Lord unto you, Be not afraid nor dismayed by reason of this great multitude; for the battle is not yours, but God's.*

- The main reason that a proclaimed fast brings results is that it causes the **people`s minds to go in one direction**, towards God.
- The proclaimed fast causes **singleness of purpose**.
- It is the same principle as the prayer of agreement or united prayer.
- It produces **power**.

Acts 13:1-2;

.....*Now there were in the church that was at Antioch certain prophets and teachers....As they ministered to the Lord, and fasted, The Holy Ghost said, Separate me Barnabas and Saul for the work whereto I have called them.*

- As a result of this fasting, 2/3 of the New Testament came into being.

B. - The Personal fast.

- Is a fast that is **not announced** to anyone, except God.
- It is usually done because of a **specific reason** or goal in mind, eg. the salvation of a loved one, to receive revelation, fellowship with God.
- It has **two levels of rewards**, from man or from God.

Jesus spoke on the personal fast;

Matthew 6:16-18;

16 Moreover when you fast, be not, as the hypocrites, of a sad countenance; for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward. 17 But thou, when thou fastest, anoint thine head, and wash thy face; 18 That thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father which seeth in secret, shall reward thee openly.

Jesus did not say if, but when you fast!

- If you publicise your spirituality, **you will exchange the reward of God for reward of men**, their esteem becomes the only reward!
- We are not to make **our fasting obvious**.
- As we fast in **secret**, God rewards us **openly** - **that reward is the thing** that first motivated us to fast.
- Whatever it is, **establish it by faith and proclaim it** before you enter the fast. **Expect to receive it**. God will see in secret and you will receive openly. Fasting is **not a punishment** from God to teach you, He teaches through the Word of God, Jesus... *bore our chastisement by punishment.....* (Isaiah 53:5)



3.10 - Prayer Your Foundation for Success.

5.3 - The Fast God Has Chosen

Isaiah 58:6

Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that you break every yoke?

- God calls us to fast to bring the **spirit man into ascendancy over the flesh**. This enhances intercession and sets the captives free.

5.4 - Personal and Spiritual Rewards

Isaiah 58:8;

Then (when you have fasted) shall thy light break forth as the morning, and thine health shall spring forth speedily....

- Revelation.....*the entrance of thy words giveth light.* (Psalm 119:130)
- Your **health will become** better as your spirit *rules* over the flesh.
- **Faith for healing is easy** when you are walking in the spirit.
- The armour of God (Eph.6) is our frontal armour, and God becomes our rear armour.....*And thy righteousness shall go before thee; the glory of the Lord shall be thy rewarded.* (Isiah 58:8b)
- The word **reward** literally means *rear guard* or *rear protection*.
- The success of the fast that God has chosen is based on the following; no accusing, judging, offence, strife, etc. **Walk in God's love.**
- You fast so that you can **walk in the spirit** and obtain your inheritance.
- This is what Jesus was saying when the disciples came to Him and asked why they could not cast out the devil in Mark 9:28. He was saying **because of unbelief** - they were **not fasting and praying and meditating** on what Jesus had told them.

5.5 - A Fasted Life.

Jesus separated Himself to pray and fast regularly, why?

- So He could minister to the people in faith.
- He **stayed tapped into** His power source - the Holy Spirit.
- He lived **in obedience** to God.

A fasted life, which is fasting and spending time in the Word, and ministering to the Lord will keep you in a position to receive from God.

5.6 - A Check List for Fasting.

1. Decide the purpose of your fast.
2. Proclaim the fast before the Lord.
3. Believe you receive the reward (Matt.6:18 & Mark 11:24)-before the fast.
4. Minister to the Lord.

Colossians 3:16

Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

- You minister to the Lord by speaking of His mighty works.

5. Minister to others after the fast. Minister to others during the fast only as you are led to do so by the Lord.
6. Expect assistance from the angels.



3.10 - Prayer Your Foundation for Success.

Matthew 4:11

Then the devil leaveth him, and, behold, angels came and ministered to him. (KJV)

- After you have fasted, expect the angels to minister to you.

6.0 - Hindrances to Prayer

God's desire is to answer every prayer, Jesus said in Matthew 21:22, „*And all things, whatsoever you shall ask in prayer, believing, you shall receive*“

What is a hindrance?

A hindrance is something that stops us or blocks us from receiving from God.

6.1 -Six Great hindrances to Prayer

A. Doubt

- *Doubt is the thief of God's blessings.*
- Some men doubt there is a God.
- They doubt that He will perform His Word.
- They doubt that He will respond to their prayers.
- Doubt comes from ignorance of God's Word.

B. Unbelief

- Unbelief is when a man knows there is a God, yet does not believe His Word.
- He knows what the bible says, but he has chosen to believe what he can see and feel instead.

To expel doubt and unbelief, you must make God's Word final authority in every matter.

C. Lack of Knowledge of Righteousness.

The word righteousness means that you have **right standing** to stand in the presence of almighty God without a guilt conscience and in Satan's presence as a victor.

- **We were made the righteousness** of God when you made Christ Jesus the Lord of your life.
- *For he made him to be sin for us, who knew no sin; that we might be made the righteousness of God in him.*
(2 Cor.5:21)
-*The effectual fervent prayer of a righteous man availeth much.* (James 5:16b)

.. You have a God given right to expect God to answer your prayer.

D. Ignorance of Our Right to Use The Name of Jesus.

We have the authority to ask God to answer our prayers in the name of Jesus.

- *And in that day you shall me nothing. Verily, verily I say unto you, What soever you ask the Father in my name, he will give it you.* (John 16:23)

E. Un-forgiveness and Strife.

Un-forgiveness stops your prayer from working.



3.10 - Prayer Your Foundation for Success.

Mark 11:25

And when you stand praying, forgive, if you ought against any: that your Father also which is in heaven may forgive you your trespasses. But if you do not forgive, neither will your Father which is in heaven forgive you your trespasses.

Un-forgiveness begins at home between husband and wife to keep harmony.

- If a husband is not honouring his wife as he should, **his prayers are hindered.** (1 Peter 3:7)
- The burden of **harmony is not on the wife**, the husband is in authority in his household.
- **The power of God is available to the man and his wife who purpose to stay in harmony.**

What is strife?

Strife is **acting upon un-forgiveness, as is born in the emotions**, to control your emotions, you must control your tongue.

- *For where envying and strife is, there is confusion and every evil work.* (James 3:16)
- Satan can capture Christians at his will because of strife. (2 Tim.2:26)
- The servant of the Lord is told not to strive. (2Tim.2:21-24)
- Satan **can shut down the gifts of the Spirit by causing strife** and get people to walk out of love, why faith works by love.

The **absence of strife is the key to getting rid of confusion and evil.** It is the predominate, primary prerequisite for answered prayer.

F. Lack of Knowledge of Fellowship.

If you do know the importance of a close, intimate fellowship with God, you will not likely see results in prayer.

- You can commune with God wherever you are and whatever you are doing, however, **you must become quiet and spend quality time in His presence to Hear His voice.** (1 John 1:3-4)
- *.....and truly our fellowship is with the Father, and with his Son Jesus Christ. And these things write we unto you, that your joy may be full.*
- Fellowship with the Father gives Him the opportunity to **reveal His Word** to you by His Spirit.
- Fellowship brings intimacy and this **brings trust** – then fear and doubt are driven out.
- Through intimate fellowship, God will personally **reveal His love** to you.
- Fellowship with God **through His Word**, because they are one and the same.
- God has joy when you **spend time with Him in His presence.**

7.0 - A Deeper Prayer Life.

Following are guidelines that will develop a deeper prayer life which give more accurate results.

A. When you operate out of your spirit, and not out of your mind, your prayer life will be more accurate.

B. Open your spiritual ears to the voice of God – train yourself not to make a move without listening to the Spirit of God, He is the intercessor.

Rom.8:26

Likewise the Spirit also helps our infirmities: for we know not what we should pray for as we ought: but the Spirit itself makes intercession for us with groaning's which cannot be uttered.

C. If you are never accurate in your prayers, you will never know the results.



3.10 - Prayer Your Foundation for Success.

D. The key to accurate prayer – Jesus speaking

John 16:23-27

...*Whatever you shall ask the Father in my name, he will give it you.*

- You cross circuit the system when you make requests to Jesus, **and not to the Father in the name of Jesus** – Jesus said, *Pray this way.* (Luke 11:2) ...*Our Father which art in heaven, hallowed be thy name.*

E. Believe that you receive when you pray.

Mark 11:24

Therefore I say unto you, What things sever you desire, when you pray, believe that you receive, and you shall have them. (KJV)

Mark 11:24

For this reason I am telling you, whatever you ask for in prayer, believe—trust and be confident---that it is granted to you, and you will [get it]. (AMP.)

- Start with **the answer**, not the problem, and be specific.
- Use **the word** of God which is the answer, **his will**. (1 John 5:14,15)
- Believe that you receive when you have prayed. (Mark 11:24)
- God said that He would **watch** over His Word. (Jer.1:12)
- Be fully persuaded that God will **perform** His Word. (Rom:4:21)

F. Forgive.

- Your faith will not work accurately in an unforgiving heart. (Mark 11:24-25)
- Your prayers **will not work effectively with sin in your life**, the promises of God **are not without conditions**, confess your un-forgiveness and he is faithful to forgive us our sins.

1 John 1:9

9 If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

G. Depend on the Holy Spirit in your Prayer Life.

Rom.8:26

Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.

- The Holy Spirit is your helper, standby, teacher, strengetner, comforter, intercessor, counselor.
- Depend upon Him when you pray - operate in faith instead of feelings.
- The word is your evidence – God will confirm His Word when you pray in faith – rely on the Holy Spirit. (Mark 16:30)

H. Learn to pray for others.

- I exhort therefore, that, first of all, supplications, prayers, intercessions, and giving of thanks, be made for all men.* (1 Tim.2:1)
- Learn to make intercession for others – pray for their needs, and your needs will be met.

I. Always base your prayer on the Word of God.

- For **prayer based on the Word** is based on God`s will- God`s Word is His will.
- Ye ask, and receive not, because ye ask amiss.* (James 4:3)
- Pray **the answer** to the problem or situation.



3.10 - Prayer Your Foundation for Success.

J. Spend time praying in the Spirit.

- *But you, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost....* (Jude 20)
- Take time to pray in other tongues specifically for edification – it will keep you prepared at all times.
- *He that speaketh in an unknown tongue, edifieth himself.* (1 Cor. 14:4)
- The word “**edify**” translated in the Greek means the same as “**charging a battery**”
- Praying in other tongues will keep you tuned into the Spirit.
- It will help you overcome the wickedness of the flesh.

8.0 – 10 Reasons Why Every Believer Should Speak in Tongues.

The bible way to receive the Holy Spirit. (Act 1:4-5 / Acts 2:1-4)

Believers Filled in Samaria. (Acts 8:1-5; 12 / Acts 8:14-17 / Acts 8:18-19)

Believers filled In Cornelius` household. (Acts 10:44-46)

Believers filled in Ephesus. (Acts 19:1-3, 6)

Paul`s infilling of the Spirit. (Acts 9:10-12, 17 / 1 Cor.14:18)

And these signs shall follow them that believe

....they shall speak with new tongues (Mark 16:17)

Reason 1. - Tongues the Initial Sign

Acts 2:4 - *And they were all filled with the Holy Ghost, and began to speak with other tongues, as the Spirit gave them utterance.*

- It is supernatural evidence of being filled by the Holy Spirit.

Reason 2. - Tongues for Spiritual Edification.

He that speaketh in an unknown tongue edifieth himself. (1 Cor. 14:4)

- The word “**edified**” translated in Greek means to **charge as in a battery**. *For he that speaketh in an unknown tongue speaketh not unto men, but unto God: for no man understandeth him; howbeit the spirit he speaketh mysteries.* (1 Cor. 14:2)
- God has given to us a divine, supernatural communication with Him. *For if I pray in an unknown tongue, my spirit prayeth, but my understanding is unfruitful.* (1 Cor. 14:14)
- When we pray in tongues our spirit is in direct contact with God

Reason 3. - Tongues Remind us of the Spirit`s Indwelling Presence.

John 14:16-17

And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever; Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

- It is the continual experience for the rest of your life.
- To assist us in the worship of God.
- Keeps us conscious of the Spirit inside us.

Reason 4. - Praying in Tongues is Praying in line with God`s Perfect Will.

Rom.8:26-27

Like wise the Spirit also helpeth our infirmities: for we know not what we should pray for we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered. *And he that searcheth the hearts knoweth what is the mind of the Spirit; because he maketh intercession for the saints according to the will of God.*



3.10 - Prayer Your Foundation for Success.

- Speaking in tongues **keeps selfishness out** of our prayers.
- Praying in tongues we bypass the mind and pray by the Holy Spirit, God's will.

Reason 5. - Praying in Tongues Stimulates Faith.

Jude 20

But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost.

- Praying in tongues **stimulates faith** and helps us learn to trust God more fully.
- If the Holy Spirit directs the words that we speak, we must exercise our faith to speak in tongues – why? because we do not know the next words to speak.
- Speaking in tongues **helps us to believe God** for other things because it stimulates our faith.

Reason 6. - Tongues keeps us Free from Worldly Contamination.

1 Cor.14:28

But if there be no interpreter, let him keep silence in the church; and let him speak to himself, and to God.

- If we can **speak to ourselves and to God** in a church service, we can also do it in the work place or in public areas, on the bus, train or airplane.
- We do not have to listen to the ungodly, profane and vulgar talk of the world, we can keep ourselves free from contamination.

Reason 7. - Praying in Tongues Helps Us to Pray for the Unknown.

- Praying in tongues provides a way for you to pray for things for which you **do not think** of to pray, or of situations that you are **not aware of**.
- The Holy Spirit will help you pray **in all situations** – He may wake you up in the middle of the night to pray for someone in trouble or a life and death situation - **pray until you have a sense of praise**, then the prayer has been settled.

Reason 8. - Praying in Tongues Gives Spiritual Refreshing.

Isiah 28:11-12

*For with stammering lips and another tongue will he speak to this people. To whom he said, **This is the rest** wherewith you may cause the weary to rest; and **this is the refreshing**: yet they would not hear.*

- What is **the rest, the refreshing** the scripture refers to – **speaking in other tongues!**
- Doctors may recommend a rest cure for you when you are tired, weary or exhausted, but **the rest** and the **spiritual refreshing** comes as we pray in tongues.

Reason 9. - Tongues for Giving Thanks.

1 Cor.14:15-17

*Else when thou shalt bless with the spirit, how shall he that occupieth the room of the unlearned say Amen at **thy giving of thanks**, seeing he **understandeth not** what thou sayest? For thou verily **givest thanks well**, but the other is not edified. What is it then? I will pray with the spirit, and I will pray with the understanding also: I will sing with the spirit, and I will sing with the understanding also.*

- Pray with the spirit = in tongues.
- Pray with the understanding = in our natural language.
- Bless with the spirit = blessing in tongues.
- He that occupies the room of the unlearned = people who are unlearned in spiritual things.

The apostle Paul tells us that **the perfect way to give thanks is by praying in tongues**, but because you are in the presence of unlearned people in spiritual things, **it is better to pray with understanding** so all can be edified.



3.10 - Prayer Your Foundation for Success.

Reason 10. - Speaking in Tongues Brings the Tongue Under Subject.

James 3:8

But the tongue can no man tame; it is an unruly evil, full of deadly poison.

- Yielding the tongue to the Holy Spirit to speak with other tongues is a giant step toward yielding all of our members to God.
- If we can **yield our tongue, then we can yield any member to God.**

10.0 - Praying of Tongues in Public.

10.1 - Speaking of Spiritual Gifts.

1 Cor.14:1-5

1. Follow after charity, and desire spiritual gifts, but rather that you may prophesy. **2.** For he that speaketh in an unknown tongue speaketh not unto men, but unto God: for no man understandeth him; howbeit in the spirit he speaketh mysteries. **3.** But he that prophesieth speaketh unto men to edification, and exhortion, and comfort. **4.** He that speaketh in an unknown tongue edifieth himself; but he that prophesieth edifieth the church. **5.** I would that ye all spake with tongues, but rather that ye prophesied: for greater is he that prophesieth than he that speaketh with tongues, except he interpret, that the church may receive edifying.

Apostle Paul speaking;

I thank my God, I speak with tongues more than you all:....(1Cor.14:18)

- A.** When people receive the Holy Spirit publicly they speak with other tongues as the Spirit gives utterance.
B. The church is edified by speaking with other tongues in public assembly **with interpretation.**

10.2 - Prophecy v Tongues.

Paul is saying that **tongues with interpretation is equivalent to prophecy**, - when utterance in tongues is interpreted so that the church can understand what is said, then the one prophesying is not greater.

Example:

2 x ten cent coins = 1 twenty cent coin.

1x twenty cent coin represents Prophecy.

1st. ten cent coin represents Tongues.

2nd. ten cent coin represents Interpretation of Tongues.

Prophecy is the 20 cent coin. Naturally, it would be better to have the 20 cent coin (prophecy) than to have the 10 cent coin (an utterance in tongues). But if interpretation (another 10 cent coin) went along with an utterance in tongues, then the 2 x 10 cent coins would be equal to the 20 cent coin.

An utterance in Tongues + Interpretation = Prophecy.

Prolonged praying in tongues in a service, without interpretation, will not edify the body of Christ as people will not understand what is being said, but a person can pray for themselves in tongues, in a church service if it is only for that person alone and not out loud!

JESUS IS LORD!